

P.O. Box 5035
Marco Island, FL 34146
www.MarcoMensClub.com

The Marco Men's Club Newsletter

March 2020

Established 1992
A non-profit organization

PRESIDENT'S MESSAGE

Our Season Is On The Down Swing. With a little over a month left in season and 10 events in March we have a lot to do in the next month. The Snowbirds will be packing up in the first part of April, so make the best of the events schedule while you can.

March Events as I mentioned earlier, we have ten events planned for March. I'll just quickly list them in order:

- 3/5, The Music of Carol King, (Artis)
- 3/8, Sunset Cruise on the Marco Princess
- 3/9, Not Fade Away (Buddy Holly Tribute)
- 3/10, Baseball, the Cardinals vs. Red Sox
- 3/12, Men's Lunch after the General Meeting
- 3/15, The Music of Fleetwood Mac (Artis)
- 3/15, The Riches of the Mekong Cruise
- 3/17, St Patrick's Day Party
- 3/20, Born Yesterday (Marco Players)
- 3/28, Come From Away (Artis)

Officers Election News. The election was held on February 13th and the new board will take office on May 1st, serving for a one year term. They are:

President: **Jerry Swiacki**

Vice President: **Ray Seward**

Vice President: **Frank Romano**

Vice President: **Don Zinner**

Vice President: **Turk Tilev**

Vice President: **John Watson**

Secretary: **Dave Pritchard**

Treasurer: **Rudy Landwaard**

Come to the March Meeting and meet the New Board.

February Meeting. MICA Executive Director Ruth MCCann submitted a hard copy of the MICA Survey. The results of this survey will be published

Welcome to our Newest members: Pat Mckeever, Marvin Nathenson, and Jim Romano..

NEW MEMBER VOLUNTEERS.

Marv Constanzer

Mark Geis

George Wittman

NEW BUSINESS.

Welcoming New Members to the Club:

Club Member Don Koppel asked to speak at the Board Meeting. Don, as a fairly new member gave us his perspective of the Club in general. He felt more socialization was needed at our General meetings. In his experience, when he first attended the General Meeting felt unwelcome, left out. He suggested having more lunches following the monthly meeting would help promote socialization. After a great deal of discussion, Warren Uhl suggested forming a Committee to follow up on this matter. It was agreed to continue discussions at the next Board Meeting.

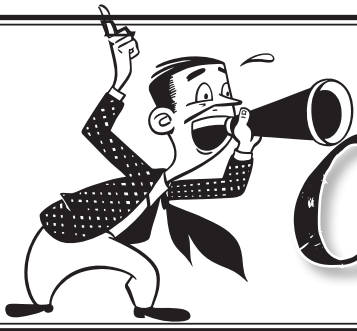
LET US KNOW. The board is always looking for ways to bring you more value for your membership. If you have any ideas for activities you would like the club to explore, a special

PRESIDENT'S MESSAGE Continued

restaurant or entertainment venue, just let us know. You can click on the "Contact Us" link on the club's home page and share your ideas with the board. Or just talk to any of us at the next meeting. We welcome your input!

Ray Seward

Senior VP



March 2020

Club News

COMPUTER/TECHNOLOGY CLUB

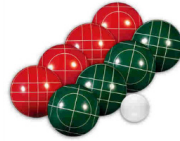
Contact **Charlie Erker** at 239-259-8054
Or charles.a.erker@gmail.com.

Computer/Technology Club meets the 3rd Thursday at the Community Room at The Mutual of Omaha Bank at 10:30 a.m. This is an informal round table discussion group. Beginners, experienced and in-between are all welcome. Reservations are not required. Just show up.

INVESTMENT DISCUSSION GROUP – This is a gathering where opinions are valued, facts are appreciated and experience is not necessary, but prized. An open and broad discussion of topics relating to investment raised by those present is conducted. The discussion group meets at 1:30PM on the 2nd Wednesday of the month in the Community room at the Mutual of Omaha Bank (next to Ace Hardware). Contact **WARREN UHL** Ph: 727-247-5167. March 11, Alarry Sacher who spoke at the January's General Meeting on end of life preparation, Will and Trusts etc, will make himself available to field questions on the subject in the more intimate setting of the investment discussion group. Make a note on your calendar

TRAVEL DISCUSSION GROUP - The Travel Discussion Group meets at 10:00AM on the 1st Wednesday of every month in the Community Room at the Mutual of Omaha Bank (next to Ace Hardware). This is a gathering of people that want to talk about and share travel experiences. Open discussions will be encouraged. Contact **SILKY SULLIVAN** (marcosilky@yahoo.com or 393-9125).

BOCCE BALL



Bocce has rolled to a start. We play mostly couples, on Tuesday and Thursday, 3 or 4 pm. We have 93 participants, with 12 teams playing each day. You can come down and cheer your favorite team to victory. Play will continue through April. Any late comers with an interest to play can get on a sub list. Skill is valued, but not required. Contact Warren at MMC.BocceLeague@gmail.com

or by phone at 727-247-5167.

HOSPITALITY

Thanks to the guys who set up the room this month: Chairman **DEREK MULLINDER, JERRY DEFIBAUGH, RICH CARLSEN, DON LALLY AND DON KOPPEL**. WE NEED MORE VOLUNTEERS. PLEASE CONTACT **DEREK MULLINDER** (derek.mullinder@comcast.net or PH: 642-0565) TO VOLUNTEER.

MMC HATS AND SHIRTS

Contact or see **Don Lally** or **Rich Carlsen** at the General Meeting to order MMC hats or Polo shirts.

SICKNESS AND BEREAVEMENT

I am sad to report the passing of Carrie Lapiana, daughter of John and Madeline Moore. Carrie passed away on Sunday, February 23rd, while in hospice care.

Please telephone **Lou** at 781-258-0456 or email loumak42@aol.com regarding information of illness or death of members, their spouse, and immediate family. **Lou** will notify the MMC board.

CLUB NEWS Continued

CRUISES

THE MARCO ISLAND MEN'S CLUB "47th" CRUISE

**AUSTRALIA AND NEW ZEALAND, MARCH 6–
MARCH 18, 2021**

"FIFTEEN DAYS.....THIRTEEN NIGHTS....
VISITING "8" PORTS OF CALL ABOARD
CELEBRITIES 5 STAR SHIP "SOLSTICE" –
AUCKLAND, NEW ZEALAND... TAURANGA,
NEW ZEALAND... NAPIER, NEW ZEALAND.....
WELLINGTON, NEW ZEALAND...
CHRISTCHURCH, NEW ZEALAND... DUNEDIN,
NEW ZEALAND... DUSKY SOUND.....
DOUBTFUL SOUND MILFORD SOUND...
SYDNEY, AUSTRALIA

"2" NIGHTS AT SYDNEY'S AMORA "5" STAR
HOTEL. "2" FULL DAYS MMC PRIVATE SYDNEY
TOURS. FLYER CONTAINS CRUISE/TOUR
ITINERARIES, COST, FREE PERKS.

*CRUISE WILL BE ANOTHER SELL OUT-100 PEOPLE
BOOKED FEBRUARY 1ST. A SMALL NUMBER OF
STATEROOMS AVAILABLE IN EACH CATEGORY*

An updated flyer is on the club's website.

*"SORRY, THESE "2" CRUISES SOLD OUT OF CLUBS
GROUP SPACE"*

***MMC 44TH CRUISE – CAMBODIA AND VIET-
NAM-- MARCH 15, 2020***

***MMC 46 TH CRUISE- MEDITERRANEAN 8
PORTS CALL- CELEBRITIES EDGE-MAY 4, 2020***

[Please contact bobmarksmi@hotmail.com-](mailto:bobmarksmi@hotmail.com)

239-642-0370

for additional Cruise information.

The Marco Men's Club

Speakers Calendar

JERRY SWIACKI, PROGRAM DIRECTOR

MARCH 2020

GREGORY POLAND, M.D.

COVID 19

Dr. Poland graduated from Illinois Wesleyan University and received his medical degree from the Southern Illinois University School of Medicine. He completed his residency in Internal Medicine/Infectious Diseases at the University of Minnesota/Abbott-Northwestern Hospital. He specializes in virology and vaccinology. He is the director of the Mayo Clinic's Vaccine Research Group.

Besides receiving many awards and accolades in the field of immunology, Dr. Poland is the Editor in Chief for the medical journal Vaccine. He has been a member of multiple federal committees and he persuaded the CDC to recommend annual influenza vaccination for all Americans 6 months and older. He was also the initial and primary advocate for requiring influenza immunization for all health care workers. Dr. Poland holds the academic rank of Professor of Medicine and Infectious Diseases and Molecular Pharmacology and Experimental Therapeutics at the Mayo Clinic.

APRIL 9, 2020

GEOFF FAHRINGER

SITUATIONAL AWARENESS

Geoff is a reserve officer for the Collier County Sheriff's office. From 1973 to 1994 he served with the Syracuse, NY Police Department. In 1994 he came to Florida to join the Collier County Sheriff's Department. He has worked as a patrolman, a Patrol Supervisor, a Detective in the Organized Crime Division, the Criminal Intelligence Bureau, SWAT Team and Dive Team and Major Crimes Vice Narcotic Bureau.

Mr. Fahringer has Advanced Sniper Certification, Florida SWAT Association Dignitary Protection, Advanced Diver Certification with Instructor Certification and Intelligence Training and membership for Terrorim Operational Planning, Global Terrorism, Islamic Terrorism, and Intelligence Analysis.

He brings his vast experience and knowledge to our group to help us understand and be aware of the dangers that surround us.

MAY 2020

DR. AL TARTARUS'S

STRESS MANAGEMENT

Dr. Al has received a Bachelor's Degree from the University of Massachusetts, a Master's Degree in Education from Harvard University and a Doctorate in Education from Boston University.

He is an expert in hypnosis and the past president of the Greater New England Academy of Hypnosis. In 1984 he established the New England Stress Management Center. Besides stress management, Dr. Al works with clients to help with smoking cessation, weight loss, chronic pain management, sports hypnosis and cancer support. He is also an author having published the book: Nobody Drives You Crazy, You Do!! A Stress Management Primer.

Besides conducting many seminars on hypnosis and stress management in the United States, Canada and England, Dr. Tatarunis had been a teacher and school administrator in Massachusetts Public Schools for 31 years.

JUNE 2020

DR. JAKE BERMAN

PHYSICAL THERAPY

Dr. Berman graduated from the University of Florida with a degree in Health Sciences. He went on to earn a doctorate at the same institution in the Physical Therapy program.

Dr. Berman's philosophy is based on natural solutions which treat certain medical problems that do not involve the use of painkillers or surgery. He is interested in treating the problem and not the symptom. His use of manual medicine enables him to diagnose and treat his patients with techniques that allow them to return to efficiency in a more timely manner. He opened his practice in October 2015.

JERRY SWIACKI
Program Director